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Aesthetic Cosmetic Plastic Surgery

Wound Care Instructions

Please remove your bandage as instructed (usually on post-op day two).

If your wound has a steri-strip inner bandage on it, then leave the steri-strip in place until your first post-operative visit, and disregard the cleaning instructions below.

If your wound does not have a steri-strip covering the wound, then you may gently wash the area with warm soapy water. If there is a small amount of dried blood, you may use a small amount of hydrogen peroxide. Please use only a small amount, and rinse afterward.

Please pat the area dry with a clean dry gauze or towel.

You may apply a thin layer of antibiotic ointment to the area. Please do not use Neosporin®. You may use Bacitracin® or any 'over the counter' triple antibiotic ointment.

Please wash the area at least twice a day, but you may wash the area as often as you like.

Please place a clean dressing on the wound.

Your sutures will be removed at your first or second post-operative visit.

After suture removal, please continue to clean the area as instructed until fully healed.

After healed, you may apply make-up or sun block as necessary.

Please avoid trauma to the area, because the wound will not be at its full strength for quite sometime.